

Mental Health Association in New Jersey's 12th Annual Walk for Wellness and Recovery



MHANJ
Mental Health Association In New Jersey

Walk for Wellness and Recovery

In Celebration of Our 75th Anniversary!

In partnership with Monarch Housing Associates

**To Benefit the Mental Health Association in NJ
Saturday, October 5, 2019
Begins at 8:30 AM
Nomahegan Park, Cranford, NJ**



Enjoy a fun, community day!

Walk will feature:

**Warm-up Activities, Inspirational and Educational Components,
Information Alley Community Education Tables, Refreshments, and
Much More! Dogs are welcome!**

<https://mhanj.salsalabs.org/walk2019>

\$25 Per Person for Walk Until October 4, 2019 at noon, \$30 Day-of-Event

Children ages 12 and under are free, but must be accompanied by registered adult participant.

Online registration closes on October 4 at noon.

For more information contact Merrill Altberg at maltberg@mhanj.org or 973-571-4100, ext. 128.